



HOW TO REGISTER



Our winter season will run from October 9th, 2018 to March 22, 2019.

All of our registrations will be available on-line. To register please go to our website,

www.burlingtonskatingcentre.ca, click on the registration link and then follow the instructions below.

If you already have a family account you may skip Step #1.

1. To begin, go to the log-in button in the top right hand corner (above the Skate Canada logo) to create your family account. Enter the parent (guardian) as the member and your skater(s) as participants. Please make sure you have completed all the required fields before proceeding. **We recommend that you opt into our messages as the majority of our communication is done via email.**
2. Once you have created your Family Account click on "registration" in the menu bar at the top of the page.
You will be taken to the registration page.
3. There is a quick navigation panel on the left side of the screen that lists the programs by level.
4. When you are done choosing your programs, confirm and checkout.
5. Members registering in our STARSkate/Competitive programs will be able to pay online with a credit card or by cash, cheque or debit in the office. Registrations are not complete until payment is received.
6. Members registering online in any of our recreational programs (CanSkate, PreCanSkate, Preschool or Adult) must pay using a credit card. If you would like to pay by cash, cheque or debit you must complete your registration in the BSC office. Office hours are Monday, Wednesday and Friday from 9 am to 2 pm, Tuesday and Thursday from 10 am to 7 pm. The office is located at the Appleby Ice Centre just beside the entrance to Ice Pad #4. Please note that our office is not the City of Burlington Customer Service desk.

All registrations require the annual Skate Canada/Safe Sport Membership fee (Sep 1, 2018 - Aug 31, 2019). This will automatically be added to your invoice the first time you register during this time period.

For Winter registrations (Oct-Dec, Jan-Mar, Oct-Mar), all families with participants at the STAR 1 level or higher are required to purchase one Ontario Skaters' Promotional Contest book. This \$40 charge will be added to your winter invoice.

7. BSC reserves the right to make changes to the skating schedule. The cancellation and rescheduling of programs may be necessary due to low enrollment.
8. A \$25 service charge will be applied to all NSF cheques.
9. Please provide a valid email address in order for us to contact you with any program changes.
10. All participants are expected to provide their own equipment. Skates and a CSA approved hockey helmet are required for all of our recreational programs. A cage or facemask is required for Preschool and PreCanSkate. Helmets are required for beginner adults. Advanced adults and skaters who have completed CanSkate Stage 5 may choose to remove their helmets.

BSC Website - www.burlingtonskatingcentre.ca.

BSC office or voicemail - (905) 319-0866



WINTER RECREATIONAL PROGRAMS 2018 - 2019

| PROGRAM | DURATION | DAY | TIME | LOCATION | FIRST DAY | LAST DAY | TOTAL* COST |
|------------------|----------|-------------|---------------------|-----------|-------------|-------------|-------------|
| CanSkate | 10 Weeks | Monday | 6:00 – 6:50 pm | Appleby 4 | Oct 15 / 18 | Dec 17 / 18 | \$215* |
| CanSkate | 10 Weeks | Tuesday | 6:15 – 7:05 pm | Appleby 4 | Oct 9 / 18 | Dec 18 / 18 | \$215* |
| CanSkate | 10 Weeks | Wednesday | 6:35 – 7:25 pm | Aldershot | Oct 10 / 18 | Dec 19 / 18 | \$215* |
| CanSkate | 10 Weeks | Thursday | 6:00 – 6:50 pm | Appleby 4 | Oct 11 / 18 | Dec 13 / 18 | \$215* |
| CanSkate | 10 Weeks | Friday | 6:35 – 7:25 pm | Appleby 4 | Oct 12 / 18 | Dec 14 / 18 | \$215* |
| CanSkate | 10 Weeks | Saturday AM | 10:40 – 11:30 am | Appleby 4 | Oct 13 / 18 | Dec 15 / 18 | \$215* |
| CanSkate | 10 Weeks | Saturday PM | 4:40 – 5:30 pm | Appleby 4 | Oct 13 / 18 | Dec 15 / 18 | \$215* |
| CanSkate | 9 Weeks | Monday | 6:00 – 6:50 pm | Appleby 4 | Jan 7 / 19 | Mar 18 / 19 | \$197* |
| CanSkate | 10 Weeks | Tuesday | 6:15 – 7:05 pm | Appleby 4 | Jan 8 / 19 | Mar 19 / 19 | \$215* |
| CanSkate | 10 Weeks | Wednesday | 6:35 – 7:25 pm | Aldershot | Jan 9 / 19 | Mar 20 / 19 | \$215* |
| CanSkate | 10 Weeks | Thursday | 6:00 – 6:50 pm | Appleby 4 | Jan 3 / 19 | Mar 21 / 19 | \$215* |
| CanSkate | 10 Weeks | Friday | 6:35 – 7:25 pm | Appleby 4 | Jan 4 / 19 | Mar 8 / 19 | \$215* |
| CanSkate | 10 Weeks | Saturday AM | 10:40 – 11:30 am | Appleby 4 | Jan 5 / 19 | Mar 9 / 19 | \$215* |
| CanSkate | 10 Weeks | Saturday PM | 4:40 – 5:30 pm | Appleby 4 | Jan 5 / 19 | Mar 9 / 19 | \$215* |
| PreSchool | 10 Weeks | Tuesday | 6:30 – 7:00 pm | Appleby 4 | Oct 9 / 18 | Dec 18 / 18 | \$186* |
| PreSchool | 10 Weeks | Saturday AM | 11:40 am – 12:10 pm | Appleby 4 | Oct 13 / 18 | Dec 15 / 18 | \$186* |
| PreSchool | 10 Weeks | Saturday PM | 4:55 – 5:25 pm | Appleby 4 | Oct 13 / 18 | Dec 15 / 18 | \$186* |
| PreSchool | 10 Weeks | Tuesday | 6:30 – 7:00 pm | Appleby 4 | Jan 8 / 19 | Mar 19 / 19 | \$186* |
| PreSchool | 10 Weeks | Wednesday | 6:45 – 7:15 pm | Aldershot | Jan 9 / 19 | Mar 20 / 19 | \$186* |
| PreSchool | 10 Weeks | Saturday AM | 11:40 am – 12:10 pm | Appleby 4 | Jan 5 / 19 | Mar 9 / 19 | \$186* |
| PreSchool | 10 Weeks | Saturday PM | 4:55 – 5:25 pm | Appleby 4 | Jan 5 / 19 | Mar 9 / 19 | \$186* |
| PreCanSkate | 10 Weeks | Saturday AM | 9:45 – 10:30 am | Appleby 4 | Oct 13 / 18 | Dec 15 / 18 | \$226* |
| PreCanSkate | 10 Weeks | Saturday PM | 3:45 – 4:30 pm | Appleby 4 | Oct 13 / 18 | Dec 15 / 18 | \$226* |
| PreCanSkate | 10 Weeks | Saturday AM | 9:45 – 10:30 am | Appleby 4 | Jan 5 / 19 | Mar 9 / 19 | \$226* |
| PreCanSkate | 10 Weeks | Saturday PM | 3:45 – 4:30 pm | Appleby 4 | Jan 5 / 19 | Mar 9 / 19 | \$226* |
| Adult (Advanced) | 10 Weeks | Friday | 8:35 – 9:25 pm | Appleby 4 | Oct 12 / 18 | Dec 14 / 18 | \$251* |
| Adult (Basic) | 10 Weeks | Friday | 7:35 – 8:25 pm | Appleby 4 | Oct 12 / 18 | Dec 14 / 18 | \$251* |
| Adult (Advanced) | 10 Weeks | Friday | 8:35 – 9:25 pm | Appleby 4 | Jan 4 / 19 | Mar 8 / 19 | \$251* |
| Adult (Basic) | 10 Weeks | Friday | 7:35 – 8:25 pm | Appleby 4 | Jan 4 / 19 | Mar 8 / 19 | \$251* |

***Total Cost includes mandatory Skate Canada / Safe Sport fee. Price will automatically be adjusted if the fees have already been paid for the current skating season.**

CanSkate participants wishing to skate the full 20 weeks will need to register for both October to December and January to March. Register for both sessions now and receive a \$20 discount off your total fee. Registrations must be done at the same time and be for the same participant in order to qualify. Total cost for 20 weeks of CanSkate if purchased on the same invoice will be \$374.



PRESCHOOL PROGRAM

This is an energetic and enjoyable ice skating program for children ages 3 – 4 years. Sessions will be 30 minutes in length. Participants must be 3 by October 1, 2017. The goal is to develop balance, coordination and rhythm through the use of music, to introduce the correct technique for forward skating, backward skating, stopping, turning, jumping and the four basic edges. Incentives (certificates, stickers, cookies etc.) will be utilized. Program taught by NCCP certified professional coaches. This program is to encourage a lifelong participation in skating while promoting physical fitness. **The Number One Goal is to have FUN!**

16 – 24 Skaters per session

This program is offered in 2 nine-week sessions.
Hockey helmet with full-face mask is mandatory.

PRECANSKATE PROGRAM

This is an energetic and enjoyable ice skating program for children ages 4 – 5 years. Skaters should be 4 by October 1, 2017. The goal is to develop balance, coordination and rhythm through the use of music, to introduce the correct technique for forward skating, backward skating, stopping, turning, jumping and the four basic edges. Incentives (certificates, stickers, cookies etc.) will be utilized. Program taught by NCCP certified professional coaches. This program is to encourage a lifelong participation in skating while promoting physical fitness. **The Number One Goal is to have FUN!**

PreCanSkate Program is broken down the following way:

- 5 minutes warm-up Activities this may be off-ice as well
- 15 minutes Skater Training with 1st instructor
- 15 minutes Game Time with 2nd instructor
- 10 Cool down Activities in 1 large group Cookie Train.

40 – 50 Skaters per session

This program is offered in 2 nine-week sessions.
Hockey helmet with full-face mask is mandatory.

CANSKATE

This skating program is for children 5 – 12 years (skaters must be five years of age by December 31, 2017). Participants earn ribbons and badges starting at stage 1 and work their way to stage 6 as they progress through the CanSkate system. Participants are taught these fundamentals in group format by NCCP certified professional coaches and carefully trained Program Assistants (test or competitive program skaters). There will be one professional coach and approximately one program assistant for every 13 skaters. These sessions are for beginner skaters and returning skaters who have not passed stage 6. These fundamentals prepare the skaters for figure skating, hockey, ringette, or recreational skating. Private lessons are available (a list of Professional Staff is available on our website, or in the BSC office).

The CanSkate session is broken down the following way:

- 5 minutes Stroking and Warm Up
- 30 minutes with Main Instructor
- 10 minutes with Secondary Instructor
- 5 minutes Cool down / Games

This program is 20 classes over a period of 20 – 23 weeks
CSA approved hockey helmets are mandatory for all CanSkaters up to and including Stage 5.

INTRO TO SYNCHRO

This program will introduce skaters to the fundamental basic synchronized skating maneuvers, formations, and transitions in a social team atmosphere. It will be instructed by a synchronized skating coach aided by synchronized skaters. Skaters must have completed CanSkate Stage 5 in order to participate.

This will be a 19 week program.